



High Energy Gymnastix Registration Forms Check List:

- 1. General Information
- 2. Adult Waiver for Guardian
- 3. Waiver for a minor signed by Parent/Guardian
- 4. Policies/Rules

1. General Information

Please fill out completely. Thank You.

Last Name _____

Parent's Name _____ Hm Ph() _____ Wk Ph() _____ Cell Ph() _____

Parent's Name _____ Hm Ph() _____ Wk Ph() _____ Cell Ph() _____

Address _____ City _____ Zip _____

Email Address (very important to communicate via email): _____

Medical Insurance Company Name _____ Policy Number _____

Emergency Contact: Name _____ Cell Ph() _____

How did you hear about High Energy Gymnastix?

- Friend: _____
- Galaxy Theater Ad
- High Energy Flyer
- Other: _____

<p>1st Child's Full Name _____ Birthdate ____/____/____ Class Level _____ Male ____ Female ____ 1st Choice: Day and Time _____ 2nd Choice: Day and Time _____ Medical Concerns: _____ _____</p> <p>2nd Child's Full Name _____ Birthdate ____/____/____ Class Level _____ Male ____ Female ____ 1st Choice: Day and Time _____ 2nd Choice: Day and Time _____ Medical Concerns: _____ _____</p> <p>3rd Child's Full Name _____ Birthdate ____/____/____ Class Level _____ Male ____ Female ____ 1st Choice: Day and Time _____ 2nd Choice: Day and Time _____ Medical Concerns: _____ _____</p>	<p>Make Checks payable to High Energy Gymnastix</p> <p>1st Child \$ _____</p> <p>2nd Child \$ _____ (Sibling Rate)</p> <p>3rd Child \$ _____ (Sibling Rate)</p>
<p>Annual Registration Fees are due before first class, then every 12th month thereafter:</p> <p style="text-align: right;">Ages 3 and up: \$30 x _____ = _____ (No. of children)</p> <p style="text-align: right;">Younger than 3: \$15 x _____ = _____ (No. of children)</p>	
<p>Total of Tuition & Registration Fees: \$ _____</p>	



Snyder Insurance Services, Inc.

FOR ALL ENROLLED ATHLETES:

2. DROP-OFF / PICK UP PARENT MUST SIGN ADULT WAIVER

Thank you.

Please use the following waiver:

If the parent decides to participate in the same activity as the minor please make sure the parent Also signs this Waiver in addition to the minor waiver. Also use this waiver FOR BIRTHDAY PARTIES, MOMMY AND ME, OPEN GYM, SLEEP OVERS, and Special Events (basically any Adult Participant Activity).

_____ Parent or Legal Guardian or Sibling or Caregiver or Adult Participant

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT (“AGREEMENT”) ©Pending

In consideration of participating in the High Energy Gymnastics class or other program (Birthday Party, Kidz Day Out, Bring a Friend Night), I represent that I understand the nature of this Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the Activity.

I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis, and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the “releasees” named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost, and damages I incur as a result of my participation in the Activity.

I hereby release, discharge, and covenant not to sue High Energy Gymnastics, its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the “RELEASEES” herein) from all liability, claims, demands, losses, or damages, on my account caused or alleged to be caused in whole or in part by the negligence of the “releasees” or otherwise, including negligent rescue operations and future agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost, which any may incur as the result of such claim.

I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Printed name of Parent or Guardian

Date: _____

Signature of participant



Snyder Insurance Services, Inc.

3. PERMISSION FORM: WAIVER FOR MINORS **A PARENT OR GUARDIAN MUST SIGN THIS**

(Parent or Legal Guardian should sign the name of the minor if the minor is not old enough to sign the waiver themselves). Also have the parental consent portion signed by the Parent and/or Legal Guardian. This waiver, when the parent gives Parental consent for the minor, **does NOT cover the parent if something should happen to the parent.

This waiver only Covers the minor. Make sure the Parent also Signs the other Waiver in addition to this waiver.

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT (“AGREEMENT”) ©Pending

In consideration of participating in the High Energy Gymnastics class or other program (Birthday Party, Kidz Day Out, Bring a Friend Night), I represent that I understand the nature of this Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the Activity. I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis, and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the “releasees” named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost, and damages I incur as a result of my participation in the Activity.

I hereby release, discharge, and covenant not to sue High Energy Gymnastics, its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the “RELEASEES” herein) from all liability, claims, demands, losses, or damages, on my account caused or alleged to be caused in whole or in part by the negligence of the “releasees” or otherwise, including negligent rescue operations and future agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost, which any may incur as the result of such claim.

I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Date: _____

Printed name of participant

PARENTAL CONSENT

AND I, the minor’s parent and/or legal guardian, understand the nature of the above referenced activities and the Minor’s experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby Release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor’s account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor’s behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasee may incur as the result of any such claim.

Date: _____

Printed name of Parent/or Legal Guardian

Signature of Parent/or Legal Guardian



4. HIGH ENERGY GYMNASTIX RULES & POLICIES

636.532.7762 ☺ 17732 EDISON AVE ☺ CHESTERFIELD MO 63005

_____* **Waiting in the Lobby:** Children should wait in lobby until signaled to join a coach on the floor. **Parents, please supervise**
(Initials) **the gymnast and siblings when in the lobby.** For their safety, you should instruct the children that there will be no tumbling, running or horseplay in the gym lobby. Absolutely NO climbing or standing on chairs or cubbies. Unattended children will be auctioned off.

_____* **Dress code:** Girls – leotard is preferred, but shorts with a tucked in t-shirt are allowed. Boys –shorts and a t-shirt.
(Initials) Socks and shoes must be worn by adults and children while on the premise. Socks and shoes may be stored neatly in the lobby area during class. Please remove jewelry before class and long hair should be pulled back to a ponytail.

_____* **Pick-Up:** For their safety, students are required to wait inside. Parent or guardian must park and come in the
(Initials) building to pick up their child. (Students will not be permitted to wait outside for their ride. Please pick up students as soon as their class is finished.

_____* **Injuries:** Students should report any and all injuries to their coach. This includes injuries sustained at home, school and
(Initials) other ancillary activities.

_____* **Attendance:** Notify the office when you are unable to attend your regular class. We will be able to assist you with make
(Initials) up times available.

_____* **Missed Classes:** We do not prorate for missed classes. Make up classes are available! You may reserve a spot by calling
(Initials) or signing up in the Hi-NRG Activities binder.

_____* **Inclement Weather:** The gym will be closed when the Rockwood School District is closed for inclement weather.
(Initials)

_____* **National Holidays:** Please Follow the Gym's posted schedule for National Holidays.
(Initials)

_____* **Registration Fee:** The annual registration fee is due before the first class and every 12th month there after.
(Initials)

_____* **Gum/Candy:** Yes, we have a rule against chewing gum/candy indoors. Thank you.
(Initials)

_____* **Restroom:** Children 4 and younger MUST be accompanied by a parent when using the restroom.
(Initials)

I understand the rules and have shared these rules with my child/children.

Parent Signature _____ Date: _____

Please sign and return this page with registration materials.